

8. A method of exchanging information regarding a patient comprising the steps of:

establishing a patient information forum for a particular patient on a computer server;

networking said computer server into a publicly accessible computer network;

limiting access to said patient information forum to a predetermined group of persons; and

enabling the particular patient to control at least a portion of the individuals that are included in said predetermined group of persons, and said portion accessing said patient information forum free of identity verification by the computer server.

16. A software program comprising:

means for establishing a patient information forum on a publicly accessible computer network;

means for limiting access to said patient information forum to a predetermined group of persons;

means for posting information regarding a particular patient on said patient information forum; and

means for enabling a patient for said patient information forum to control at least a portion of the individuals that are included in said predetermined group of persons, and including at least one password to said information forum that is free of an identity verification requirement.